

## *ALPS Adult Day Services*

### Participant Bill of Rights

Though this Bill is not intended to be inclusive, it suggests an outline of the basic rights that should be guaranteed to adult day services participants.

- The right to be treated as an adult, with consideration, respect, and dignity, including privacy in treatment and in care for personal needs;
- The right to participate in a program of services and activities designed to encourage independence, learning, growth, and awareness of constructive ways to develop and/or maintain one's interests and talents;
- The right to self-determination within the day services setting, including the opportunity to:
  - Participate in developing or changing one's plan for services;
  - Decide whether or not to participate in any given activity and/or be given an alternate activity;
  - Be involved to the extent possible in program planning and operation;
  - Refuse treatment and be informed of the consequences of such refusal;
  - End participation in the adult day center at any time.
- The right to a thorough initial assessment, development of an individualized plan of care, and a determination of the level of care that will be necessary.
- The right to be cared for in an atmosphere of sincere interest and concern in which needed support and services are provided;
- The right to a safe, secure, and a clean environment;
- The right to receive nourishment and assistance with meals as necessary to maximize health functional abilities and quality of life;
- The right to confidentiality and the guarantee that no personal or medical information will be released to persons not legally authorized to receive it unless the participant gives written consent;
- The right to voice grievances about care or treatment without discrimination or reprisal;
- The right to be fully informed, as documented by the participant's written acknowledgment of all the participant's rights, expected conduct and responsibilities, as well as the rules and regulations governing the adult day services program;
- The right to be free from harm, which includes abuse, neglect, exploitation, and isolation. Physical and chemical (drug) restraints may be used only in accordance with the individual's plan of care and permitted under applicable law;

*ALPS Adult Day Services*

**Participant Bill of Rights**

- The right to have Rights explained or presented in a manner appropriate for the participant's level of understanding;
- The right to be fully informed, at the time of acceptance into the program, of services and activities available and related charges;
- The right to communicate with others and be understood by them to the extent of the participant's capability. Non-English speaking participants must have access to an interpreter and/or written materials in their native language.

Participants also have responsibilities. To the extent possible, these responsibilities are to be carried out by the participant – or by the caregiver on behalf of the participant, if necessary. These responsibilities include:

- The responsibility to treat personnel with respect and courtesy;
- The responsibility to communicate with staff to develop a relationship of trust;
- The responsibility to make choices and seek appropriate care;
- The responsibility to ask questions and confirm understanding of instructions;
- The responsibility to share opinions, concerns, and complaints with the director.

I have read, and been provided a copy of the Participant Bill of Rights:

---

Participant or Representative

---

Date

---

Witness:

---

Date